

MONG-KU MU-KO
(Republic of China)

Mong-Ku Mu-Ko, Mongolian Nomad's Song, is a very famous folk song, describing the gallantry and bravery of nomadic tribes in the borderland. It is often used in folk dance contests. Though the steps vary individually according to the composers, all of their characteristics are the same.

Mongolia is in the north of China, and is a desert region. The people use horses and camels for transport.

Pronunciation:

Record: C.C.S - 1980. 4/4 meter.

Formation: Mixed circle, facing ctr, both hands hang down as if grasping a horse whip held horizontally across in front of thighs.

Meas

Pattern

- 1 Point L toe twd ctr, at the same time turn R so that L shldr is twd ctr (ct 1); L step in place, take wt (ct 2); reverse with R, still moving twd ctr (cts 3,4).
- 2 Repeat action of meas 1.
- 3 Keep R shldr twd ctr, L hand on hip, raise R arm over head as if holding up a whip. Beginning with L, take four sliding steps out from ctr, on each beat make a wrist turning as if waving a whip.
- 4 Facing ctr, stamp R, bring R arm down sharply as if striking ground with a whip on R side (cts 1,2); stamp R, whip ground on L side (cts 3,4).
- 5 Jump up and fwd, land with R across in front of L, bend knees in half squatting pos, R arm strike ground on R side (cts 1,2); repeat this action, but L across in front of R, strike ground on L side (cts 3,4).
- 6 Repeat action of meas 5.
- 7 Stand up, turn R and step R bkwd twd wall (ct 1); lift L and pivot a complete turn to R, finishing with L shldr twd ctr (cts 2,3); step L beside R, R hand make a CW circle above head (ct 4).
- 8 Beginning with R, take two stamp-closes away from ctr, R arm is held over head, on each stamp flick the whip twd wall.
- 9 Facing ctr, hands on hip, touch R heel diag R (ct 1); step R next to L (ct 2); touch L heel diag L (ct 3); step L next to R (ct 4).
- 10 Beginning with R, take four running steps turning to R, and make a complete turn in place.
- 11 Facing ctr, step R fwd, clap hands in front of chest (ct 1); pivot R to face R (ct 2); point L, L shldr twd ctr, R hand raised over head, palm up, L hand in front of chest, palm down (ct 3); hold (ct 4).
- 12 Reverse action of meas 11.

INTERLUDE.

- 13 Step R to R, hands move to L, about chest high (cts 1,2); step L to L, hands move to L (cts 3,4).
- 14 Take two step-closes to R, both hands over head with fingers bent, almost closed.

Repeat whole dance from beginning.

Presented by Ching-Shan Chang
FOLK DANCE CAMP - 1980